**Session TU.1.B || Future Sustainable Lifestyles – Individual Choices**

09:45 - 11:15 Parallel-Session (Welcome!)

Chair: Birgit Brunklaus, Head of LCA network at RISE Research Inst. of Sweden

Co-chair: Johannes Kreißig, Chief Executive Officer at DGNB

Highlights, results, surprises – key messages (2-3 for each presenter)

1. David Bossek, PhD Candidate at TU Berlin - Institute of Env Technology, Germany.
   Life-LCA: The first case study of the life cycle impacts of a human being.

2. Bradley Ridoutt, Principal Research Scientist, Australia Nat Agency (CSIRO)
   Diets within planetary boundaries: what can be achieved through dietary change alone.

3. Yanne Goossens, Researcher at Thünen institute of market analysis, Germany.
   Increasing sustainability of breakfast buffets with the use of digital waste-tracking tools.

4. Efstathios Kakkos, PhD candidate, Scientist at EMPA, Switzerland.
   New ways for sustainable living & working – a potential study from Switzerland.

5. Didier Beloin-Saint-Pierre, Researcher at EMPA, Switzerland. (PhD from Paris)
   Environmental sustainability of work from home lifestyle, opportunities and pitfalls.

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**Session TU.2.B || Future Sustainable Lifestyles – Urban Structure**

14:15 - 15:45 Parallel-Session (Welcome back!)

Chair: Birgit Brunklaus, Head of LCA network at RISE Research Inst. Sweden

Co-chair: Johannes Kreißig, Chief Executive Officer at DGNB

   Environmental co-benefits and trade-offs of climate mitigation strategies applied to net-zero-emission neighbourhoods

   Environmental and land use consequences of replacing milk and beef with plant-based alternatives in Germany.

3. Fernanda Iwasaka, The environmental impacts of urban transportation alternatives in Brazil: A LCA to promote conscious consumption in urban mobility.

4. Isabel Ordonez, Researcher at Design school in Barcelona, Spain/RISE Sweden
   User centred design and energy efficient packaging collection infrastructure supporting circular future lifestyles.

5. Audrey Tanguy, Assistant Prof at Mines St Etienne, France.
   Spatial configurations of urban waste management systems considering local uses of recovered products.